

# Christ the King Episcopal Church



**The Fourth Sunday after the Epiphany**

**Holy Eucharist, Rite II**

**January 28, 2024**

**10:30 am**

## Welcome to Christ the King Episcopal Church!

If you live in the area and do not have a church home, we invite you to journey with us as followers of Christ in this wonderful community! If you are a seasonal guest, we are delighted that you found your way to the “church in the wildwood,” and we invite you to consider Christ the King as your church home away from home.

**Hearing Assist devices are available in the narthex. Please see an usher for assistance.**

**A note about our worship service:** We understand that newcomers to the Episcopal Church might be a little lost during the worship service. Don't worry – you are in good company! Many of us did not grow up in the Episcopal Church, but were drawn to the way that our worship feels simultaneously ancient and contemporary. So if you are unfamiliar with the ritual customs of the Episcopal Church, simply relax with the liturgy and let the rest of the congregation carry you in worship. It is most important that you experience the sights, sounds, and silence of our worship service.

The worship bulletin contains the scripture lessons for the day, and points you to page numbers in the red *Book of Common Prayer* (BCP), which is found in your pew rack. At the 10:30 service, hymns are found in the blue *Hymnal 1982*, which is also in the pew rack. There are pamphlets in the pamphlet rack in the church narthex (lobby) that give helpful information about the Episcopal Church. Feel free to pick some up and read through them.

## Reading Between the Lines

Jesus' proclamation of the gospel of God's realm in word and deed, and the calling of disciples, now shows readers and disciples the opposite of divine manifestation, namely, unclean spirits, or demons, during the course of synagogue worship on the Sabbath. Jesus' teaching with authority is greeted with astonishment by those present, and recognition by demonic forces. Their attempt to control Jesus involves shouting out his manifest identity, the Holy One of God. Indeed, as Holy One of God, Jesus' effective and powerful exorcism in the Synagogue at Capernaum expels the demonic spirit from the possessed person and from the holy place. Ideas of holiness and the holy connote here a separate realm of God, or a designated holy day, the Sabbath, accessible to worshippers through purification. So, next week, in Epiphany 5, Mark 1:32 shows that people knew to wait until Sabbath was over to bring sick and demon-possessed folk to Jesus, because of Jewish observance of the Sabbath.

# The Entrance Rite

*The flowers on the altar today are dedicated in honor of Barbara Crafton by Dale Crafton.*

**The Prelude:** Dr. David Ott, Organ

*This is a time for silence, stillness, and centering as we prepare our hearts, minds, and bodies for worship.*

## The Welcome & Announcements

**The Invitatory** *(standing)*

*Celebrant*            The Lord has shown forth his glory  
*People*                **Come, let us adore him.**

## The Ringing of the Bell

**The Hymn in Procession** *(standing)*

**Hymn 137**

## The Opening Acclamation

*Celebrant*            ✠<sup>1</sup>Blessed be God: Father, Son, and Holy Spirit.  
*People*                **And blessed be his kingdom, now and for ever. Amen.**

## The Collect for Purity & Summary of the Law

*-You are invited to close your eyes as the priest prays the collect. Your only response comes at the very end with the "Amen."*

---

<sup>1</sup> This symbol indicates that this is a moment in the liturgy when it is customary to make the sign of the cross.

## **The Hymn of Praise: The Gloria** *(S-280 found in the front of the blue hymnal)*

*Glory to God in the highest, And peace to his people on earth  
Lord God, heavenly King, Almighty God and Father,  
we worship you, we give you thanks, we praise you for your glory.  
Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,  
you take away the sin of the world: have mercy on us;  
you are seated at the right hand of the Father: receive our prayer.  
For you alone are the Holy One, you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
With the Holy Spirit, In the glory of God the Father. Amen.*

## **The Liturgy of the Word**

### **The Collect of the Day<sup>2</sup>:**

#### **The Fourth Sunday after the Epiphany of our Lord** *(standing)*

**BCP 215**

*-You are invited to close your eyes as the priest prays the collect. Your only response comes at the very end with the "Amen."*

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

---

<sup>2</sup> A collect is a short prayer that includes an invocation, a petition, and a pleading of Christ's name or an acknowledgment of God's glory. It is called a "collect" because it collects our thoughts for a particular time or season of the Church year.

## The First Lesson<sup>3</sup>: Deuteronomy 18:15-20

*Illumination: God assures the Israelites that a prophetic leader will come after Moses. God also warns that a prophet must faithfully relay God's message. The consequences of inaccuracy are fatal.*

Moses said: The LORD your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the LORD your God at Horeb on the day of the assembly when you said: "If I hear the voice of the LORD my God any more, or ever again see this great fire, I will die." Then the LORD replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die."

*Lector* The word of the Lord.

*People* **Thanks be to God.**

**Psalm 111** (*read responsively by whole verse*)

1 Hallelujah!

I will give thanks to the LORD with my whole heart, \*  
in the assembly of the upright, in the congregation.

**2 Great are the deeds of the LORD! \*  
they are studied by all who delight in them.**

---

<sup>3</sup> The lessons appointed for each Sunday and for special feast days throughout the year occur on a three-year rotation known as the Revised Common Lectionary. Currently, we are in "Year B."

3 His work is full of majesty and splendor, \*  
and his righteousness endures for ever.

**4 He makes his marvelous works to be remembered; \*  
the LORD is gracious and full of compassion.**

5 He gives food to those who fear him; \*  
he is ever mindful of his covenant.

**6 He has shown his people the power of his works \*  
in giving them the lands of the nations.**

7 The works of his hands are faithfulness and justice; \*  
all his commandments are sure.

**8 They stand fast for ever and ever, \*  
because they are done in truth and equity.**

9 He sent redemption to his people;  
he commanded his covenant for ever; \*  
holy and awesome is his Name.

**10 The fear of the LORD is the beginning of wisdom; \*  
those who act accordingly have a good understanding;  
his praise endures for ever.**

## **The Second Lesson: 1 Corinthians 8:1-13**

*Illumination: Though there are not fastidious rules about eating which God requires the faithful to obey, Paul advises the Corinthians to have mercy for confused and convicted brethren who might find dietary freedom to be an obstacle.*

Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” Indeed, even though there may be so-called gods in heaven or on earth—as in fact

there are many gods and many lords— yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. “Food will not bring us close to God.” We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

*Lector* The word of the Lord.

*People* **Thanks be to God.**

## **Alleluia Acclamation**

### **The Gospel Lesson<sup>4</sup>: Mark 1:21-28**

*Illumination: Jesus performs a miraculous healing while the crowds witness the authority with amazement. The demons reveal Jesus' identity.*

*Celebrant* The Holy Gospel of our Lord Jesus Christ according to Mark.

*People* **Glory to you, Lord Christ.**

---

<sup>4</sup> The reading of the Gospel symbolizes the presence of Christ during the Liturgy of the Word. When the Gospel is announced, many people make the sign of the cross (✠) three times: on their foreheads, on their lips, and on their hearts.

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, “What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.” But Jesus rebuked him, saying, “Be silent, and come out of him!” And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, “What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him.” At once his fame began to spread throughout the surrounding region of Galilee.

*Celebrant*    The Gospel of the Lord.

*People*        **Praise to you, Lord Christ.**

**The Homily** (*seated*)

**The Rev'd Richard G. Proctor, OA**

**The Nicene Creed** (*standing*)

**BCP 358**

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our Salvation. He came down from heaven<sup>5</sup>: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.**

**For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will**

---

<sup>5</sup> Many people make a solemn bow at the waist during the *Incarnatus* (at the words describing Jesus' birth).



come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of Life, who proceeds from the Father and the Son. With the Father and Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead<sup>6</sup>, and the life of the world to come. Amen.

### **The Prayers of the People**<sup>7</sup> *(kneeling or standing)*

**Celebrant:** Good and Holy God, in Jesus you have freed us for love and rebuked everything that may threaten us: Let the teaching of your Good News be spread abroad with authority, that all creation may be reconciled, as we pray: We thank you God with our whole heart; for you are gracious and full of compassion.

**Intercessor:**

Loving God, raise up for your Church prophets like Moses who will speak everything you command, that we may heed your teaching and be an example of goodness for our neighbors.

We thank you God with our whole heart;

**for you are gracious and full of compassion.**

Eternal One, rescue our leaders and all in authority from the knowledge that puffs up, and fill them with your love which builds up, that they may accomplish your good works with faithfulness and justice.

We pray for Joe, our President; Ron, our Governor; and the members of the Walton County Commission.

We thank you God with our whole heart;

**for you are gracious and full of compassion.**

---

<sup>6</sup> Many people make the sign of the cross (✠) at the words, “We look for the resurrection of the dead,” a reminder that resurrected life is promised to all who have been baptized in Christ.

<sup>7</sup> The Prayers of the People are written by The Rev’d Lowell Grisham, OA

Compassionate One, uphold the weak throughout the earth and free the consciences of all people through your love.

We thank you God with our whole heart;

**for you are gracious and full of compassion.**

Gracious One, rebuke in us whatever spirit is unclean, that we may teach and live your gospel of love and spread your fame throughout surrounding region. Sanctify the outreach ministries of our parish by the power of your Holy Spirit—especially our partners in ministry at Kairos Prison Ministry, Cursillo, and Beckwith Camp & Conference Center.

We thank you God with our whole heart;

**for you are gracious and full of compassion.**

Receive our prayers which we offer for all who need you, especially those on our parish prayer list.

Hear our gratefulness for all goodness and joy, especially for our Sunday school and nursery staff.

Bring into the fullness of your life those who have died.

Let us give thanks to God with our whole heart;

**for you are gracious and full of compassion.**

**Celebrant:** We offer our prayers to God the Father, from whom are all things, and for whom we exist, and our Lord, Jesus Christ, through whom are all things, and through whom we exist, in the power of the Holy Spirit, One God, who lives and loves forever. **Amen.**

## **The Confession of Sin and Absolution** *(kneeling)*

**BCP 360**

*The Officiant says to the people*

Let us confess our sins against God and our neighbor. *(Silence is kept.)*

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways. to the glory of your Name. Amen**

*The Priest alone stands and say*

✠<sup>8</sup>Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

## **The Peace** *(all stand)*

Celebrant	The peace of the Lord be always with you
People	<b>And also with you.</b>

## **The Holy Communion**

### **The Offertory**

*At this time, the bread and wine are brought forward and presented at the altar by the Oblations bearers. You can make an offering via text message or QR code, see the green "Give" card in the pew rack.*

### **The Offertory Hymn** *(sung by all)*

**Hymn 656**

### **The Presentation of the Gifts**

*At this time, the collection plates are brought forward and presented at the altar.*

---

<sup>8</sup> This symbol indicates that this is a moment in the liturgy when it is customary to make the sign of the cross.

Praise God from whom all blessings flow. Praise Him all creatures here be-  
 low. Al - le - lu - ia! Al - le - lu - ia! Praise Him a - bove, ye heaven - ly  
 host: praise Fa - ther, Son, and Ho - ly Ghost. Al - le - lu - ia, al - le -  
 lu - ia. al - le - lu - ia. Al - le - lu - ia, Al - le - lu - ia!

*Celebrant* All things come of thee, O Lord:  
*People* **And of thine own have we given thee.**

## The Great Thanksgiving<sup>9</sup>: Eucharistic Prayer A

**BCP 361**

*Celebrant:* The Lord be with you.  
*People:* **And also with you.**  
*Celebrant:* Lift up your hearts.  
*People:* **We lift them to the Lord.**  
*Celebrant:* Let us give thanks to the Lord our God.  
*People:* **It is right to give him thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty. Creator of heaven and earth.

<sup>9</sup> All of the Eucharistic prayers in the Prayer Book are Trinitarian, which means that they all speak of the God we worship as Christians: Father, Son, and Holy Spirit. Each prayer begins with a section of praise to God the Father and Creator of all. This is followed by a section that remembers and makes present the saving work of Jesus, the Son of God. Finally, we invoke the presence of the Holy Spirit to make this Holy Communion real and effective in our own lives.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**The Sanctus** *(sung by all)*

***Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.***

***Hosanna in the highest.***

***Blessed is he who comes in the name of the Lord.***

***Hosanna in the highest.***

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said,

"Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you

and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*Celebrant and People*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

*The Celebrant continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to sing

**The Lord's Prayer** *(sung)*

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen**

## **The Fraction Anthem** *(sung by all)*

Alleluia. Christ our Passover is sacrificed for us;  
Therefore let us keep the feast. Alleluia.

## **The Invitation to Communion**

*All are invited and encouraged to come forward to the altar rail during communion. All baptized Christians, regardless of tradition/denomination, are welcome to receive communion. To receive the Body of Christ/Bread, place one hand over the other, palms facing upwards, and the minister will place the Bread in your hand. To receive the Blood of Christ/Wine, place your hand on the base of the chalice to assist the chalice bearer in bringing the chalice to your lips (or you may dip the Bread in the Wine if you prefer). Those who are not baptized or who are baptized but do wish not to partake in the Eucharistic Elements, cross your arms over your chest, and you will receive a blessing from the priest. If you are interested in the sacrament of baptism, please see Fr. Richard after worship...he'd love to have a conversation with you!*

## **The Hymn at Communion** *(sung by all)*

**Hymn 644**

## **The Prayer for Mission** *(said by all in unison)*

**BCP 365**

**Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with your spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

## **The Blessing**<sup>10</sup>

**BCP 366**

## **The Processional Hymn**

**Hymn 436**

---

<sup>10</sup> Many people make the sign of the cross (✠) during the Blessing.

## The Dismissal<sup>11</sup>

*Celebrant*      Go in peace to love and serve the Lord

*People*          **Thanks be to God.** (*Alleluias are only added during the great 50 days of Easter*)

**The Postlude:**      Dr. David Ott, Organ

**Special thanks go out to the ministers of our worship services today:**

### **The Altar Server Guild of St. Tarcisius:**

- Lay Eucharistic Minister: Peter Evans and CoCo Holman
- Crucifers: Whip Jones
- Torch Bearers: Anderson King and Berkeley King
- Gospel Bearer:

### **The Lector Guild of St. Bede**

- Lector: Emily Proctor
- Prayers of the People Intercessor: Heather Kennedy

### **The Hospitality Guild of St. Benedict**

- Usher:
- Greeter: Lauren Justiss
- Coffee Host: Cinnamon Kellenberger

### **The Altar Guild of Ss. Martha and Mary**

- Altar: Rebecca Waters

### **The Flower Guild of St. Therese**

- Flowers: Peggy Koblenzer

---

<sup>11</sup> The service concludes where we began, in the midst of a world where there is great suffering and need. But, we are centered, as Christ was, in a life to be lived and shared. The Eucharist is the work of the people of God together. It is not a service confined to Sunday mornings. Rather, it is a way of life.



## **Clergy and Staff Contacts:**

The Rt. Rev'd Russell Kendrick – Bishop

russell@diocgc.org

The Rev'd. Richard Gillespie Proctor, OA<sup>12</sup> – *Rector*

rector@christthekingfl.org

Stephanie Smuck – *Parish Administrator*

[office@christthekingfl.org](mailto:office@christthekingfl.org)

Katie Ott – *Director of Faith Family Formation* dff@christthekingfl.org

Dr. David Ott – *Organist & Choirmaster* david@davidottcomposer.com

Scott Gilmore - *Guitarist* sgilmore10s12@gmail.com

Michelle Casady – *Bookkeeper*

[bookkeeper@christthekingfl.org](mailto:bookkeeper@christthekingfl.org)

**Vestry (Vestry meets on the 3rd Wednesday of every month from 5:30pm until 7:00pm. All are welcome to attend.)**

Dale Dalbey	Rector's (Sr.) Warden
Don King	People's (Jr) Warden
Brian Kellenberger	At-Large
Meredith Spector	Parish Life
John French	Adult Formation
Sallie Peebles	Pastoral Care
Jim Moomaw	Worship
Mark Mahaffey	Outreach & Mission
Ruth Johnson	Secretary/Tree House Liaison

Tom Potts - Treasurer

---

<sup>12</sup> "OA" stands for the Order of the Ascension, a dispersed Episcopal, Benedictine religious community that helps ground and center its members in their daily life and their roles as parish leaders and developers. Members take a promise "to seek the presence of Jesus Christ in the people, things and circumstances of life through stability, obedience and conversion of life." Fr. Richard entered the novitiate process with OA in 2019, and took his life vows in May 2023.

## PARISH CALENDAR

### **Monday, January 29**

**8:00AM** – A.A. Meeting (*Youth Room*)  
**8:30AM** – Morning Prayer (*Sanctuary*)  
**8:30AM** – Parents Bible Study (*Parlor*)  
**4:00PM** – Evening Prayer (*Sanctuary*)

### **Tuesday, January 30**

**8:00AM** – A.A. Meeting (*Youth Room*)  
**8:30AM** – Morning Prayer (*Sanctuary*)  
**4:00PM** – Evening Prayer (*Sanctuary*)  
**7:00PM** – Women’s Primary Purpose AA Meeting (*Conference Room*)  
**7:00PM** - AA Meeting (*Youth Room*)

### **Wednesday, January 31**

**8:00AM** – A.A. Meeting (*Youth Room*)  
**8:30AM** - Morning Prayer (*Sanctuary*)  
**10:30AM** – Godly Play (*Treehouse*)  
**12:00PM** – Noonday Prayer (*Sanctuary*)  
**12:15PM** – Epiphany Book Study & Lunch (*Parish Hall*)  
**4:00PM** – Evening Prayer (*Sanctuary*)  
**5:30PM** - Youth Group (*Youth Room*)

### **Thursday, February 1**

**8:00AM** – A.A. Meeting (*Youth Room*)  
**8:30AM** – Morning Prayer (*Sanctuary*)  
**10:00AM** – Centering Prayer (*Hughes Library*)  
**4:00PM** – Evening Prayer (*Sanctuary*)  
**6:00PM** – Women’s Bible Study (*Parlor*)  
**7:00PM** - Al-Anon Meeting

### **Friday, February 2**

**8:00AM** – A.A. Meeting (*Youth Room*)  
**8:00AM** – Men’s Breakfast & Bible Study  
**7:00PM** – Alcoholic’s Anonymous

## TODAY

**Join us in the Parish Hall at 9:15 for our Adult Formation Class – Year B: The Year of Mark, Part 2** Join Fr. Richard as he invites us to take a closer look at the Gospel of Mark, the Gospel of "Year B" — the current year in the Revised Common Lectionary Cycle. What makes Mark — the earliest and first Gospel written — different from Matthew, Luke and John? What themes should we look for this coming year?

### **Attention Youth Parents**

#### **TODAY @ 12 noon**

Parents Information Meeting to learn about the summer mission trip for CTK Youth-Memphis, TN (July 2024) Please join us in the youth room to learn more about the upcoming mission trip for our youth. We will go over dates, rates and plans for our mission projects. Light Refreshments provided.

## ANNOUNCEMENTS

**New for 2024**, Christ the King's food collection theme for Caring and Sharing of South Walton will be "Breakfast Champions", focusing our efforts on collecting all types of non-perishable breakfast food items throughout the year (cereal, oatmeal, Pop Tarts, pancake mixes, syrup, muffin mixes, jellies, peanut butter, etc.).

There will be 2 collection bins at the church: 1 in the Narthex and 1 in Sandefur Hall. As we fill the bins with breakfast treats, we will deliver those items to Caring & Sharing of South Walton.

As Breakfast Champions, together we can help make breakfast time plentiful and healthy for our community in need!

**Medicine Bottle Reminder Please bring empty medicine bottles, vitamin bottles & rinsed out spice bottles to CtK.** All bottles are cleaned before being brought to Point Washington Medical Clinic. Thank you.

### **PARISH PRAYER LIST**

**Parishioners:** Nan Jacobs; Renee McCalmont; Jo Bell; Catherine Dickson; Tommy Fairweather; Emily Vick; Rick Sroufe; Lynn Crevar; Jacquie Childs; Marlise Reis; Ann Schultz; Dawn Whitty; Buffy Miller & Lark Harbeson; Dooley Culbertson

**Friends & Family:** Nancy Avery\*; Carmel\*; Kay\*; Martin Miller\*; Bonnie Wilson; Anne Sparks; John L. Jernigan III; The Kovach Family; Carol Bomar; Gloria Guthals; Robert Barnett; Judy Fairweather; Rita Shilling; Burrell Elliott; Tammy Follis; Teeny Carson; Cooper Akin; Henry Pegram; Cristina Fernandez; Brandon Yates; Rosella Sacco; Tricia Spencer; Alex Porterfield; Evie Butler & Judy Owen

**Parishioners Serving in the Military and their families:** Austin Tucker; Wilson Hunter; Cinnamon Kellenberger; Anthony Portz; Eric Alexander (Don and Jacquie Childs' son) & John McKenzie (Sonya McKenzie's son)

### **BIRTHDAYS THIS WEEK**

Brad Reese(28); Marlyna Rice(29); Curry Torrey(29); John Henry Cowen(30); Whit Cowen(30); Rachel Meyer(30); Celia Tucker(2/1); Katie Ott(2/2); Lilah Finch(2/2); Murphy Gavigan(2/3) & Crawford Sandefur(2/3)

### **CHILDREN & YOUTH**

**CtK Kids Club** Will be “paused” for the Spring semester. Our Children’s Ministry Council is working on a plan for Wednesday Children’s Ministry for the future.

#### **Children's News:**

We have a lot to offer on Sunday mornings here at Ctk!

Sunday School for ALL ages from 9:15-10:15am

Nursery for ages 0-4 year olds is open at 9:15AM.

Children's Chapel for K-4th graders is during our 10:30am service.

Children will begin the service with their family and go to Chapel after the Children’s message. Children return to the service during the Peace.

#### **Youth News:**

Youth Group meets every Wednesday Drop off begins at 5:30 p.m. with pick up at 8 p.m. Any questions, text Ms. Lauren at 334-701-7777 or email

[ctkyouth@christthekingfl.org](mailto:ctkyouth@christthekingfl.org)

Youth Group- Dinner, Fellowship & Bible Study (\$5 suggested donation)

## **ADULT FORMATION** **FEBRUARY**

**CTK Adult Christian Formation Class  
Sunday Mornings in Sandefur Hall 9:15 –  
10:15AM**

**Sunday, Feb. 4, 2024 — Annual Parish  
Meeting**

All CTK parishioners are encouraged to attend this important gathering. Fr. Richard, members of the Vestry, and other ministry leaders will be sharing what's happening across all aspects of CTK parish life. We will present and discuss the CTK Annual budget, upcoming events, Adult and Children Christian Formation, the various Guilds, and other areas to serve.

**Starting February 11<sup>th</sup> Habits of the  
Household – Education Building  
Conference Room 9:15-10:15AM** “Habits of the Household” introduces simple habits and easy-to-implement daily rhythms that will help you find meaning beyond the chaos of family life as you create a home where kids and parents alike practice how to love God and each other.

Email Rachel Meyer

[Rachel.danielle.meyer@gmail.com](mailto:Rachel.danielle.meyer@gmail.com) for more information.

**Parents Bible Study This is a Class for  
Parents w/ Young Children: We meet in  
the parlor on Mondays from 8:30-10:00!**

“Habits form us more than we form them. The modern world is a machine of a thousand invisible habits, forming us into anxious, busy, and depressed people. We yearn for the freedom and peace of the gospel, but remain addicted to our technology, shackled by our screens, and exhausted by our routines. The

Common Rule offers four daily and four weekly habits, designed to help us create new routines and transform frazzled days into lives of love for God and neighbor.”

RSVP to Rachel Meyer

[rachel.danielle.meyer@gmail.com](mailto:rachel.danielle.meyer@gmail.com)

**Noonday Prayer, Lunch, and Discussion:  
Wednesdays, 12:00-1:30. Lunch provided.**

Join Fr. Richard every Wednesday for Noonday Prayer in the Church followed by lunch and discussion in Sandefur Hall. We will be discussing The Rev'd Fleming Rutledge's book “Epiphany: The Season of Glory.” This book is the third book in the recently released Fullness of Time series, which focuses on the season of the Church year.

From the book cover:

*“The Feast of the Epiphany and its following season are not as well observed as they should be. Many of us associate Epiphany with the visit of the Magi but don't know much more about it. In this short volume, priest and theologian Fleming Rutledge expounds the primary biblical texts and narrative are of the season, inviting us to discover anew “the glory of God in the face of Christ.”*

**Men's Council**

**Every 2nd and 4th Wednesday  
CTK Library 5:15PM – 6:45PM**

\* All Men are Welcome \* This council of men gathers on the 2nd and 4th Wednesday of each month (except as noted) to discuss topics of mutual interest, how our faith impacts our lives, personal issues

confronting us, and share the passing of our lives together. A sacred and safe space is created in the form of council for each man to speak and listen from the heart as they tell their story. This kind of work helps create deep friendships, connections, and bonds that are often missing in today's world of impersonal interactions. If you enjoy exploring and discussing spiritual, mythopoetic, ethical, and social themes from a biblical perspective then consider joining in. Please contact John French at (850) 420-9803 or [jcfrench3@icloud.com](mailto:jcfrench3@icloud.com) with any questions.

**Centering Prayer/Lectio Divina/Book Study on Thursdays 10:00am-12:00pm.**

Thursdays offer several ways to increase our community spirituality. We begin in the library at 10:00 am for 20 minutes of Centering Prayer. We then pray a passage of lectio divina. At 11:00 we read and discuss Intimacy with God, by Thomas Keating. Contact Linda [lindaboland@simpatico.ca](mailto:lindaboland@simpatico.ca)

**A Journey Through Genesis  
Winter/Spring Thursday Evening  
Women's Bible Study**

Join Rev. Emily Proctor (and The Good Book Club) on a journey with the book of Genesis on Thursday evenings in the Parlor at 6 p.m., beginning Jan 11.

For more information or to reserve a copy of the study guide (A Journey through Genesis, \$15) email Emily at [Emily.Rose.Proctor@gmail.com](mailto:Emily.Rose.Proctor@gmail.com) or text 850-783-0237. More resources also available at <https://www.goodbookclub.org/>.

**Men's Breakfast & Bible Study: Every Friday**

**8:00-8:30** - Breakfast and fellowship

**8:30-9:30** - Bible Study and prayer. We are currently studying The Gospel of Matthew. The Bible Study is led by Darold Smith, who is using William Barclay's Commentary "The Gospel of Matthew."

Contact Darold Smith

[aristacraft@yahoo.com](mailto:aristacraft@yahoo.com) for more information.



**1) Worship:**

Our worship is grounded in the traditional Anglican triad of scripture, tradition, and reason. Our lovely space, liturgy, and music help focus our hearts and minds on a God who is at the same time in this world and beyond.

**2) Outreach:**

At the end of our worship services, we are dismissed with the words, “Go in peace to love and serve the Lord.” We seek to do so by being in solidarity with those in need in our local, diocesan, and global communities by providing both hands-on and financial support.

**3) Community:**

While our worship is directed towards loving God, and our outreach is directed towards loving our neighbors, we also value the relationships we have within our own parish family. A sense of belonging, feeling connected, and loving and caring for one another is a large part of who we are and what makes Christ the King feel special.

**4) Christian Formation:**

We value the lifelong formation and development of our spiritual, intellectual, and social selves. Whether it is at the Tree House Episcopal Montessori School, Sunday forums, or weekday small groups, we believe that God calls us to be lifelong learners.

**5) Strategic Growth:**

Our growth strategy is focused on nurturing disciples not adding members. While we take seriously Jesus’ command to “go and make disciples,” we recognize any growth must take into account our stewardship of our physical plant as well as our ability to remain meaningfully connected with one another.



# CAMPUS MAP



1. SANCTUARY
2. CHURCH OFFICES
3. SANDEFUR HALL
4. HUGHES LIBRARY
5. PARLOR
6. EDUCATION BUILDING: CONFERENCE ROOM
7. EDUCATION BUILDING: YOUTH ROOM
8. NURSERY
9. PLAYGROUND
10. THE TREE HOUSE EPISCOPAL MONTESSORI SCHOOL

