

Christ the King Episcopal Church



**Seasonal Bulletin for the Season of Lent
Holy Eucharist, Rite I
February 18, 2024 – March 17, 2024
8:00 am & 10:30 pm**

Welcome to Christ the King Episcopal Church!

If you live in the area and do not have a church home, we invite you to journey with us as followers of Christ in this wonderful community! If you are a seasonal guest, we are delighted that you found your way to the “church in the wildwood,” and we invite you to consider Christ the King as your church home away from home.

Hearing Assist devices are available in the narthex. Please see an usher for assistance.

A note about our worship service: We understand that newcomers to the Episcopal Church might be a little lost during the worship service. Don't worry – you are in good company! Many of us did not grow up in the Episcopal Church, but were drawn to the way that our worship feels simultaneously ancient and contemporary. So if you are unfamiliar with the ritual customs of the Episcopal Church, simply relax with the liturgy and let the rest of the congregation carry you in worship. It is most important that you experience the sights, sounds, and silence of our worship service.

The worship bulletin contains the scripture lessons for the day, and points you to page numbers in the red *Book of Common Prayer* (BCP), which is found in your pew rack. At the 10:30 service, hymns are found in the blue *Hymnal 1982*, which is also in the pew rack. There are pamphlets in the pamphlet rack in the church narthex (lobby) that give helpful information about the Episcopal Church. Feel free to pick some up and read through them.

Lent Places Us in God's Story

Forty is a significant number in the life of God's people: The Lord flooded the earth for forty days; Moses was on Mount Sinai for forty days; the Israelites wandered the desert for forty years; and Jesus spent forty days in the wilderness before he began his ministry, as well as forty days with his disciples between his resurrection and ascension. The forty days of Lent, then, place us not only in the story of Christ's life but also in the story of God's people. In the Bible, forty symbolizes the fullness of time. The common thread of each of these stories is God's transforming work to prepare his people for what's next.

The Entrance Rite

The Prelude: Scott Gilmore, Guitar (8:00)

David Ott, Organ (10:30)

This is a time for silence, stillness, and centering as we prepare our hearts, minds, and bodies for worship.

The Welcome & Announcements

The Invitatory *(standing)*

Celebrant The Lord is full of compassion and mercy:

People **O Come, let us adore him.**

The Ringing of the Bell

The Processional Hymn *(10:30 only)*

See Hymn Board

The Opening Acclamation *(standing)*

BCP 323

Celebrant ✠¹ Bless the Lord who forgiveth all our sins.

People **His mercy endureth for ever. Amen.**

The Collect for Purity and Summary of the Law **BCP 323-324**

(except on the 1st Sunday of Lent)

The Kyrie *(standing) (8:00 spoken)*

BCP 324

(10:30 sung S-87 in Hymnal)

¹ This symbol indicates that this is a moment in the liturgy when it is customary to make the sign of the cross.

The Liturgy of the Word

The Collect of the Day²:

BCP 166-167

The First Lesson³ (*seated*)

The First Sunday in Lent	Genesis 9:8-17 <i>Pew Bible p. 6</i>
The Second Sunday in Lent	Genesis 17:1-7, 15-16 <i>Pew Bible p.10</i>
The Third Sunday in Lent	Exodus 20:1-7 <i>Pew Bible p.51</i>
The Fourth Sunday in Lent	Numbers 21:4-9 <i>Pew Bible p.109</i>
The Fifth Sunday in Lent	Jeremiah 31:31-34 <i>Pew Bible p.570</i>

The Response: Canticle 14 – A Song of Penitence

BCP 90

(read in unison)

The Second Lesson (*seated*)

The First Sunday in Lent	1 Peter 3:18-22 <i>Pew Bible p.183</i>
The Second Sunday in Lent	Romans 4:13-25 <i>Pew Bible p.118</i>
The Third Sunday in Lent	1 Corinthians 1:18-25 <i>Pew Bible p.127</i>
The Fourth Sunday in Lent	Ephesians 2:1-10 <i>Pew Bible p.148</i>
The Fifth Sunday in Lent	Hebrews 5:5-10 <i>Pew Bible p.172</i>

The Gradual Hymn (*standing; 10:30 only*)

Hymn 145 (verse 1)

The Gospel Lesson⁴ (*standing*)

² A collect is a short prayer that includes an invocation, a petition, and a pleading of Christ's name or an acknowledgment of God's glory. It is called a "collect" because it collects our thoughts for a particular time or season of the Church year.

³ The lessons appointed for each Sunday and for special feast days throughout the year occur on a three-year rotation known as the Revised Common Lectionary. Currently, we are in "Year B."

⁴ The reading of the Gospel symbolizes the presence of Christ during the Liturgy of the Word. When the Gospel is announced, many people make the sign of the cross (☩) three times: on their foreheads, on their lips, and on their hearts.

Celebrant The Holy Gospel of our Lord Jesus Christ according to Mark/John.

People **Glory be to thee, O Lord.**

The First Sunday in Lent

Mark 1:9-15 *Pew Bible p.27*

The Second Sunday in Lent

Mark 8:31-38 *Pew Bible p.34*

The Third Sunday in Lent

John 2:13-22 *Pew Bible p.71*

The Fourth Sunday in Lent

John 3:14-21 *Pew Bible p.71*

The Fifth Sunday in Lent

John 12:20-33 *Pew Bible p.81*

Celebrant The Gospel of the Lord.

People **Praise be to thee, O Christ.**

The Homily (*seated*)

The Rev'd Richard G. Proctor, OA

The Musical Response (*8:00 only*)

Scott Gilmore, Guitar

The Nicene Creed (*standing*)

BCP 326

The Prayers of the People⁵ (*kneeling*)

See Prayers of the People packet in pew rack

The Confession of Sin (*kneeling*)

BCP 331

The Absolution and The Comfortable Words (*kneeling*)

BCP 332

The Peace (*all stand*)

BCP 332

⁵ The Prayers of the People are written by The Rev'd Lowell Grisham, OA.

The Holy Communion

The Offertory

At this time, the bread and wine are brought forward and presented at the altar by the Oblations bearers. You can make an offering via text message or QR code, see the green "Give" card in the pew rack.

The Offertory Hymn (10:30 only)

See Hymn Board

The Presentation of the Gifts

At this time, the collection plates are brought forward and presented at the altar.

The Presentation Hymn: The Doxology (verse 3)

Hymn 380

Celebrant All things come of thee, O Lord:

People **And of thine own have we given thee.**

The Great Thanksgiving⁶: Eucharistic Prayer I

BCP 333

The Lord's Prayer (*spoken*)

BCP 336

The Breaking of the Bread⁷ and The Agnus Dei

BCP 337

The Prayer for Humble Access

BCP 337

The Invitation to Communion

BCP 338

All are invited and encouraged to come forward to the altar rail during communion. All baptized Christians, regardless of tradition/denomination, are welcome to receive communion. To receive the Body of

⁶ All of the Eucharistic prayers in the Prayer Book are Trinitarian, which means that they all speak of the God we worship as Christians: Father, Son, and Holy Spirit. Each prayer begins with a section of praise to God the Father and Creator of all. This is followed by a section that remembers and makes present the saving work of Jesus, the Son of God. Finally, we invoke the presence of the Holy Spirit to make this Holy Communion real and effective in our own lives.

⁷ After the Lord's Prayer, the Celebrant lifts the consecrated bread and breaks it, symbolizing Jesus' broken body on the cross. Bread must be broken in order to be shared. Here, we celebrate and give thanks for Christ's gift of himself for us.

Christ/Bread, place one hand over the other, palms facing upwards, and the minister will place the Bread in your hand. To receive the Blood of Christ/Wine, place your hand on the base of the chalice to assist the chalice bearer in bringing the chalice to your lips (or you may dip the Bread in the Wine if you prefer). Those who are not baptized or who are baptized but do wish not to partake in the Eucharistic Elements, cross your arms over your chest, and you will receive a blessing from the priest. If you are interested in the sacrament of baptism, please see Fr. Richard after worship...he'd love to have a conversation with you!

The Communion Hymns

See Hymn Board

The Prayer for Mission *(in unison)*

BCP 339

The Blessing✠⁸

BCP 339

The Processional Hymn

See Hymn Board

The Dismissal⁹

Celebrant Go in peace to love and serve the Lord.

People **Thanks be to God.** *(Alleluias are only added during the great 50 days of Easter)*

The Postlude: Scott Gilmore, Guitar (8:00)

David Ott, Organ (10:30)

⁸ Many people make the sign of the cross (✠) during the Blessing.

⁹ The service concludes where we began, in the midst of a world where there is great suffering and need. But, we are centered, as Christ was, in a life to be lived and shared. The Eucharist is the work of the people of God together. It is not a service confined to Sunday mornings. Rather, it is a way of life.

Clergy and Staff Contacts:

The Rt. Rev'd Russell Kendrick – Bishop
russell@diocgc.org

The Rev'd. Richard Gillespie Proctor, OA¹⁰ – Rector
rector@christthekingfl.org

Stephanie Smuck – *Parish Administrator*

office@christthekingfl.org

Dr. David Ott – *Organist & Choirmaster* david@davidottcomposer.com

Scott Gilmore - Guitarist sgilmore10s12@gmail.com

Michelle Casady – *Bookkeeper*

bookkeeper@christthekingfl.org

Vestry (Vestry meets on the 3rd Wednesday of every month from 5:30pm until 7:00pm. All are welcome to attend.)

Dale Dalbey	Rector's (Sr.) Warden
Don King	People's (Jr) Warden
Brian Kellenberger	At-Large
Meredith Spector	Parish Life
John French	Adult Formation
Sallie Peebles	Pastoral Care
Jim Moomaw	Worship
Mark Mahaffey	Outreach & Mission
Ruth Johnson	Secretary/Tree House Liaison

Tom Potts - Treasurer

¹⁰ "OA" stands for the Order of the Ascension, a dispersed Episcopal, Benedictine religious community that helps ground and center its members in their daily life and their roles as parish leaders and developers. Members take a promise "to seek the presence of Jesus Christ in the people, things and circumstances of life through stability, obedience and conversion of life." Fr. Richard entered the novitiate process with OA in 2019, and took his life vows in May 2023.

PARISH CALENDAR

Monday

8:00AM – A.A. Meeting (*Youth Room*)

8:30AM – Morning Prayer (*Sanctuary*)

8:30AM – Parents Bible Study (*Parlor*)

4:00PM – Evening Prayer (*Sanctuary*)

Tuesday

8:30AM – Morning Prayer (*Sanctuary*)

7:00PM – Women’s Primary Purpose AA Meeting (*Conference Room*)

7:00PM - AA Meeting (*Youth Room*)

Wednesday

8:00AM – A.A. Meeting (*Youth Room*)

8:30AM - Morning Prayer (*Sanctuary*)

10:30AM – Godly Play (*Treehouse*)

12:00AM – Noonday Prayer

12:15PM – Book Study and Lunch

5:00PM – Evening Prayer

5:30PM - Youth Group (*Youth Room*)

5:30PM – Men’s Council (2nd & 4th Wed)
(*Hughes Library*)

Thursday

8:30AM – Morning Prayer (*Sanctuary*)

10:00AM – Centering Prayer (*Hughes Library*)

6:00PM – Women’s Bible Study (*Parlor*)

7:00PM - Al-Anon Meeting

Friday

8:00AM – A.A. Meeting (*Youth Room*)

8:00AM – Men’s Breakfast & Bible Study

7:00PM – Alcoholic’s Anonymous

ANNOUNCEMENTS

New for 2024, Christ the King's food collection theme for Caring and Sharing of South Walton will be "Breakfast Champions", focusing our efforts on collecting all types of non-perishable breakfast food items throughout the year (cereal, oatmeal, Pop Tarts, pancake mixes, syrup, muffin mixes, jellies, peanut butter, etc.).

There will be 2 collection bins at the church: 1 in the Narthex and 1 in Sandefur Hall. As we fill the bins with breakfast treats, we will deliver those items to Caring & Sharing of South Walton.

Medicine Bottle Reminder Please bring empty medicine bottles, vitamin bottles & rinsed out spice bottles to CtK. All bottles are cleaned before being brought to Point Washington Medical Clinic. Thank you.

The parish prayer list can be found in the Weekly Herald and on our website. You may also pick up a copy in the church office.

CHILDREN & YOUTH

Youth News:

Youth Group meets every Wednesday. Drop off begins at 5:30 p.m. with pick up at 8 p.m. Any questions, text Ms. Lauren at 334-701-7777 or email ctkyouth@christthekingfl.org Youth Group- Dinner, Fellowship & Bible Study (\$5 suggested donation)

SUNDAY CHRISTIAN FORMATION

We have a lot to offer on Sunday mornings here at Ctk! The children and youth Sunday School will be following the *Weaving God's Promises* curriculum for our weekly lesson while Chapel will follow *God's Word, My Voice* along with *Let Us Pray*.

Nursery for ages 0-4 year olds is open at 9:15AM.

Sunday School for ALL ages from 9:15-10:15am in the Education Building.

Children's Chapel for K-4th graders is during our 10:30am service. Children will begin the service with their family and go to Chapel after the Children's message. Children return to the service during the Peace.

Youth Sunday School During Lent: *The Parables of Jesus*. **5th grade-12th grade in the Youth Room at 9:15.** Join Fr. Richard and Bryan Whitehead for a Lenten series on the Parables from *Weaving God's Promises* and *The Bible Project*.

CTK Adult Christian Formation Class Sunday Mornings in Sandefur Hall 9:15 – 10:15AM— The Way of Love

The Way of Love is a way of life. More than a program or curriculum, it is a return to the ancient pathways and Rules of Life that followers of Jesus have observed for centuries. They knew the power of commitment to a core set of practices – *Turn, Learn, Pray, Worship, Bless, Go, Rest* – and the power of gathering in a small group where you find love and support for living into these commitments. If we hope to not only worship Jesus but to grow more like him and bear his redeeming love in the world, we can adopt a rule of life like the Way of Love and find a community with which to practice it.

We will be using the book "*The Way of Love: A Practical Guide to Following Jesus*" by Scott Gunn. You can order the book on Amazon. Please contact John French at (850) 420-9803 or jcfrench3@icloud.com with any questions

Habits of the Household – Education Building Conference Room 9:15-10:15AM "Habits of the Household" introduces simple habits and easy-to-implement daily rhythms that will help you find meaning beyond the chaos of family life as you create a home where kids and parents alike practice how to love God and each other. For more information email Rachel.danielle.meyer@gmail.com.

WEEKDAY ADULT FORMATION

Parents Bible Study This is a Class for Parents w/ Young Children: We meet in the parlor on Mondays from 8:30-10:00!

“Habits form us more than we form them. The modern world is a machine of a thousand invisible habits, forming us into anxious, busy, and depressed people. We yearn for the freedom and peace of the gospel, but remain addicted to our technology, shackled by our screens, and exhausted by our routines. The Common Rule offers four daily and four weekly habits, designed to help us create new routines and transform frazzled days into lives of love for God and neighbor.”

RSVP to Rachel

rachel.danielle.meyer@gmail.com

Noonday Prayer, Lunch, and Discussion: Wednesdays, 12:00-1:30. Lunch provided.

Join Fr. Richard every Wednesday for Noonday Prayer in the Church followed by lunch and discussion in Sandefur Hall. We will be discussing The Rev'd Esau McCaulley's "Lent": The Season of Repentance and Renewal.

This book is the 4th book in the recently released Fullness of Time series, which focuses on the season of the Church year.

Men's Council: Every 2nd and 4th Wednesday - CTK Library 5:15PM – 6:45PM This council of men gathers on the 2nd and 4th Wednesday of each month (except as noted) to discuss topics of mutual interest, how our faith impacts our lives, personal issues confronting us, and share the passing of our lives together. A sacred and safe space is created in the form of council

for each man to speak and listen from the heart as they tell their story. This kind of work helps create deep friendships, connections, and bonds that are often missing in today's world of impersonal interactions.

If you enjoy exploring and discussing spiritual, mythopoetic, ethical, and social themes from a biblical perspective then consider joining in. Please contact John French at (850) 420-9803 or jcfrench3@icloud.com with any questions.

A Journey Through Genesis Winter/Spring Thursday Evening Women's Bible Study

Join Rev. Emily Proctor (and The Good Book Club) on a journey with the book of Genesis on Thursday evenings in the Parlor at 6 p.m., beginning Jan 11.

For more information or to reserve a copy of the study guide (A Journey through Genesis, \$15) email Emily at Emily.Rose.Proctor@gmail.com or text 850-783-0237. More resources also available at

<https://www.goodbookclub.org/>.

Centering Prayer/Lectio Divina/Book Study on Thursdays 10:00am-12:00pm.

Thursdays offer several ways to increase our community spirituality. We begin in the library at 10:00 am for 20 minutes of Centering Prayer. We then pray a passage of lectio divina. At 11:00 we read and discuss Intimacy with God, by Thomas Keating. Contact Linda lindaboland@simpatico.ca

**Men's Breakfast & Bible Study: Every
Friday**

8:00-8:30 - Breakfast and fellowship

8:30-9:30 - Bible Study and prayer. We are
currently studying The Gospel of

Matthew. The Bible Study is led by Darold
Smith, who is using William Barclay's
Commentary "The Gospel of Matthew."

Contact Darold Smith aristacraft@yahoo.com
for more information.



1) Worship:

Our worship is grounded in the traditional Anglican triad of scripture, tradition, and reason. Our lovely space, liturgy, and music help focus our hearts and minds on a God who is at the same time in this world and beyond.

2) Outreach:

At the end of our worship services, we are dismissed with the words, “Go in peace to love and serve the Lord.” We seek to do so by being in solidarity with those in need in our local, diocesan, and global communities by providing both hands-on and financial support.

3) Community:

While our worship is directed towards loving God, and our outreach is directed towards loving our neighbors, we also value the relationships we have within our own parish family. A sense of belonging, feeling connected, and loving and caring for one another is a large part of who we are and what makes Christ the King feel special.

4) Christian Formation:

We value the lifelong formation and development of our spiritual, intellectual, and social selves. Whether it is at the Tree House Episcopal Montessori School, Sunday forums, or weekday small groups, we believe that God calls us to be lifelong learners.

5) Strategic Growth:

Our growth strategy is focused on nurturing disciples not adding members. While we take seriously Jesus’ command to “go and make disciples,” we recognize any growth must take into account our stewardship of our physical plant as well as our ability to remain meaningfully connected with one another.

CAMPUS MAP



1. SANCTUARY
2. CHURCH OFFICES
3. SANDEFUR HALL
4. HUGHES LIBRARY
5. PARLOR
6. EDUCATION BUILDING: CONFERENCE ROOM
7. EDUCATION BUILDING: YOUTH ROOM
8. NURSERY
9. PLAYGROUND
10. THE TREE HOUSE EPISCOPAL MONTESSORI SCHOOL

