

Christ the King Episcopal Church



The Fifth Sunday after the Epiphany

Holy Eucharist, Rite II

February 4, 2024

10:30 am

Welcome to Christ the King Episcopal Church!

If you live in the area and do not have a church home, we invite you to journey with us as followers of Christ in this wonderful community! If you are a seasonal guest, we are delighted that you found your way to the “church in the wildwood,” and we invite you to consider Christ the King as your church home away from home.

Hearing Assist devices are available in the narthex. Please see an usher for assistance.

A note about our worship service: We understand that newcomers to the Episcopal Church might be a little lost during the worship service. Don't worry – you are in good company! Many of us did not grow up in the Episcopal Church, but were drawn to the way that our worship feels simultaneously ancient and contemporary. So if you are unfamiliar with the ritual customs of the Episcopal Church, simply relax with the liturgy and let the rest of the congregation carry you in worship. It is most important that you experience the sights, sounds, and silence of our worship service.

The worship bulletin contains the scripture lessons for the day, and points you to page numbers in the red *Book of Common Prayer* (BCP), which is found in your pew rack. At the 10:30 service, hymns are found in the blue *Hymnal 1982*, which is also in the pew rack. There are pamphlets in the pamphlet rack in the church narthex (lobby) that give helpful information about the Episcopal Church. Feel free to pick some up and read through them.

Reading Between the Lines

Some Greeks present the disciples with a request to see Jesus. Jesus answers them “The hour has come for the Son of Man to be glorified.” Since on earlier occasions in the gospel Jesus declares that his hour was not yet come (2:4; 7:6; 8; 7:30; 8:20), the realization of “the hour” here refers to the death and resurrection of Jesus. By offering it to Greeks, Jesus suggests its universal significance. It also anticipates 13:1.

The imagery of a grain of wheat that falls into the earth and dies (12:24), whereupon it bears much fruit, uses the language of harvest to interpret a beneficent death. There is no internal struggle in the face of his death, because Jesus recognizes the hour as the purpose of his mission. It is the final revelation of his relationship with God. Jesus' hour results in a glorification of God's name.

The Entrance Rite

The Prelude: Dr. David Ott, Organ

This is a time for silence, stillness, and centering as we prepare our hearts, minds, and bodies for worship.

The Welcome & Announcements

The Invitatory *(standing)*

Celebrant The Lord has shown forth his glory
People **Come, let us adore him.**

The Ringing of the Bell

The Hymn in Procession *(standing)*

Hymn 137

The Opening Acclamation

Celebrant ✠¹Blessed be God: Father, Son, and Holy Spirit.
People **And blessed be his kingdom, now and for ever. Amen.**

The Collect for Purity & Summary of the Law

-You are invited to close your eyes as the priest prays the collect. Your only response comes at the very end with the "Amen."

¹ This symbol indicates that this is a moment in the liturgy when it is customary to make the sign of the cross.

The Hymn of Praise: The Gloria *(S-280 found in the front of the blue hymnal)*

*Glory to God in the highest, And peace to his people on earth
Lord God, heavenly King, Almighty God and Father,
we worship you, we give you thanks, we praise you for your glory.
Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,
you take away the sin of the world: have mercy on us;
you are seated at the right hand of the Father: receive our prayer.
For you alone are the Holy One, you alone are the Lord,
you alone are the Most High, Jesus Christ,
With the Holy Spirit, In the glory of God the Father. Amen.*

The Liturgy of the Word

The Collect of the Day²:

The Fifth Sunday after the Epiphany of our Lord *(standing)*

BCP 216

-You are invited to close your eyes as the priest prays the collect. Your only response comes at the very end with the "Amen."

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

The First Lesson³: Isaiah 40:21-31

*Illumination: The prophet sings the praises of our wondrous and glorious God.
Enthroned on high, the Lord possesses all power and all majesty.*

² A collect is a short prayer that includes an invocation, a petition, and a pleading of Christ's name or an acknowledgment of God's glory. It is called a "collect" because it collects our thoughts for a particular time or season of the Church year.

³ The lessons appointed for each Sunday and for special feast days throughout the year occur on a three-year rotation known as the Revised Common Lectionary. Currently, we are in "Year B."

Have you not known? Have you not heard?
Has it not been told you from the beginning?
Have you not understood from the foundations of the earth?

It is he who sits above the circle of the earth,
and its inhabitants are like grasshoppers;
who stretches out the heavens like a curtain,
and spreads them like a tent to live in;
who brings princes to naught,
and makes the rulers of the earth as nothing.

Scarcely are they planted, scarcely sown,
scarcely has their stem taken root in the earth,
when he blows upon them, and they wither,
and the tempest carries them off like stubble.

To whom then will you compare me,
or who is my equal? says the Holy One.

Lift up your eyes on high and see:
Who created these?

He who brings out their host and numbers them,
calling them all by name;
because he is great in strength,
mighty in power,
not one is missing.

Why do you say, O Jacob,
and speak, O Israel,

"My way is hidden from the LORD,
and my right is disregarded by my God"?

Have you not known? Have you not heard?

The LORD is the everlasting God,
the Creator of the ends of the earth.

He does not faint or grow weary;
his understanding is unsearchable.

He gives power to the faint,
and strengthens the powerless.
Even youths will faint and be weary,
and the young will fall exhausted;
but those who wait for the LORD shall renew their strength,
they shall mount up with wings like eagles,
they shall run and not be weary,
they shall walk and not faint.

Lector The word of the Lord.

People **Thanks be to God.**

Psalm 147:1-12, 21c (*read responsively by whole verse*)

1 Hallelujah!

How good it is to sing praises to our God! *
how pleasant it is to honor him with praise!

**2 The LORD rebuilds Jerusalem; *
he gathers the exiles of Israel.**

3 He heals the brokenhearted *
and binds up their wounds.

**4 He counts the number of the stars *
and calls them all by their names.**

5 Great is our LORD and mighty in power; *
there is no limit to his wisdom.

**6 The LORD lifts up the lowly, *
but casts the wicked to the ground.**

7 Sing to the LORD with thanksgiving; *
make music to our God upon the harp.

**8 He covers the heavens with clouds *
and prepares rain for the earth;**

9 He makes grass to grow upon the mountains *
and green plants to serve mankind.

**10 He provides food for flocks and herds *
and for the young ravens when they cry.**

11 He is not impressed by the might of a horse; *
he has no pleasure in the strength of a man;

**12 But the LORD has pleasure in those who fear him, *
in those who await his gracious favor.**

21 Hallelujah!

The Second Lesson: 1 Corinthians 9:16-23

Illumination: Paul declares that he is willing to be all things to all people if it means he is the most effectively sharing the essentials of the gospel.

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Lector The word of the Lord.

People **Thanks be to God.**

Alleluia Acclamation

The Gospel Lesson⁴: Mark 1:29-39

Illumination: Jesus begins his public ministry of healing. At Capernaum he gives relief to a woman beset with a fever, and he grants freedom to many who are possessed by demons.

Celebrant The Holy Gospel of our Lord Jesus Christ according to Mark.

People **Glory to you, Lord Christ.**

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Celebrant The Gospel of the Lord.

People **Praise to you, Lord Christ.**

⁴ The reading of the Gospel symbolizes the presence of Christ during the Liturgy of the Word. When the Gospel is announced, many people make the sign of the cross (✠) three times: on their foreheads, on their lips, and on their hearts.

“With that shall I come before the Lord”

Sung by Lacey Mabry

The Nicene Creed *(standing)*

BCP 358

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our Salvation. He came down from heaven⁵: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of Life, who proceeds from the Father and the Son. With the Father and Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead⁶, and the life of the world to come. Amen.

The Prayers of the People⁷ *(kneeling or standing)*

⁵ Many people make a solemn bow at the waist during the *Incarnatus* (at the words describing Jesus' birth).

⁶ Many people make the sign of the cross (✠) at the words, “We look for the resurrection of the dead,” a reminder that resurrected life is promised to all who have been baptized in Christ.

⁷ The Prayers of the People are written by The Rev'd Lowell Grisham, OA

Celebrant: To whom will we compare you, O Holy One, the everlasting God, Creator of the ends of the earth, who stretches out the heavens like a curtain: Be near to us in our weakness and uphold us with your might, as we pray: Great is our God and mighty in power; there is no limit to God's wisdom.

Intercessor:

Holy and Eternal One, who never faints or grows weary: Heal and empower your Church, entrusted with a commission to bear the Good News to all the earth, that we may be all things to all people, serving as slaves to all for the sake of the gospel.

Great is our God and mighty in power;

there is no limit to God's wisdom.

Holy and Eternal One, who brings princes to naught and makes the rulers of the earth as nothing: Guide our nation and inspire all who hold authority in the world to be servants of healing, casting out all forms of oppression throughout your creation.

We pray for Joe, our President; Ron, our Governor; and the members of the Walton County Commission.

Great is our God and mighty in power;

there is no limit to God's wisdom.

Holy and Eternal One, who gives power to the faint and strength to the powerless: Reach out your hand and lift up all who suffer from illness or fear, violence or threat, that those who wait upon the Lord shall renew their strength, mount up with wings like eagles, run and not be weary, walk and not faint.

Great is our God and mighty in power;

there is no limit to God's wisdom.

Holy and Eternal One, who lifts up the lowly and makes grass to grow upon the mountains and green plants to serve humankind: Bless this community with compassion and grace, that we may serve one another with deference and respect.

Sanctify the outreach ministries of our parish by the power of your Holy Spirit- especially our partners in ministry at Caring and Sharing of South Walton and Point Washington Medical Clinic.

Great is our God and mighty in power;

there is no limit to God's wisdom.

Holy and Eternal One, whose understanding is unsearchable:

Touch with your healing compassion those for whom we pray, especially those on our parish prayer list.

Hear our gratefulness for all the blessings of our lives, especially for the Altar Guild of Saints Mary and Martha.

Enfold into your eternal love those who have died, especially Burrell Elliot & Rosanne Rosa.

Great is our God and mighty in power;

there is no limit to God's wisdom.

Celebrant: We look toward your eternal glory, O Holy and Eternal One, and we raise our voices to you in prayer: Enter our homes and towns, our solitudes and cities; cast out everything that oppresses and threatens your people, heal all who are weak, and bring peace in our time, that your whole creation may sing out in praise to proclaim your message of love and hope, through Jesus Christ our Savior, who with you and the Holy Spirit, lives and loves, now and for ever.
Amen.

The Confession of Sin and Absolution *(kneeling)*

BCP 360

The Officiant says to the people

Let us confess our sins against God and our neighbor. *(Silence is kept.)*

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our

neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways. to the glory of your Name. Amen

The Priest alone stands and say

✠⁸ Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

The Peace *(all stand)*

Celebrant	The peace of the Lord be always with you
People	And also with you.

The Holy Communion

The Offertory

At this time, the bread and wine are brought forward and presented at the altar by the Oblations bearers. You can make an offering via text message or QR code, see the green "Give" card in the pew rack.

The Offertory Hymn *(sung by all)*

Hymn 691

The Presentation of the Gifts

At this time, the collection plates are brought forward and presented at the altar.

⁸ This symbol indicates that this is a moment in the liturgy when it is customary to make the sign of the cross.

Praise God from whom all bless-ings flow. Praise Him all crea-tures here be-
 low. Al - le - lu - ia! Al - le - lu - ia! Praise Him a - bove, ye heaven-ly
 host: praise Fa - ther, Son, and Ho - ly Ghost. Al - le - lu - ia, al - le -
 lu - ia. al - le - lu - ia. Al - le - lu - ia, Al - le - lu - ia!

Celebrant All things come of thee, O Lord:
People **And of thine own have we given thee.**

The Great Thanksgiving⁹: Eucharistic Prayer A

BCP 361

Celebrant: The Lord be with you.
People: **And also with you.**
Celebrant: Lift up your hearts.
People: **We lift them to the Lord.**
Celebrant: Let us give thanks to the Lord our God.
People: **It is right to give him thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty. Creator of heaven and earth.

⁹ All of the Eucharistic prayers in the Prayer Book are Trinitarian, which means that they all speak of the God we worship as Christians: Father, Son, and Holy Spirit. Each prayer begins with a section of praise to God the Father and Creator of all. This is followed by a section that remembers and makes present the saving work of Jesus, the Son of God. Finally, we invoke the presence of the Holy Spirit to make this Holy Communion real and effective in our own lives.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

The Sanctus *(sung by all)*

***Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.***

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said,

"Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you

and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to sing

The Lord's Prayer *(sung)*

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen

The Fraction Anthem *(sung by all)*

Alleluia. Christ our Passover is sacrificed for us;
Therefore let us keep the feast. Alleluia.

The Invitation to Communion

All are invited and encouraged to come forward to the altar rail during communion. All baptized Christians, regardless of tradition/denomination, are welcome to receive communion. To receive the Body of Christ/Bread, place one hand over the other, palms facing upwards, and the minister will place the Bread in your hand. To receive the Blood of Christ/Wine, place your hand on the base of the chalice to assist the chalice bearer in bringing the chalice to your lips (or you may dip the Bread in the Wine if you prefer). Those who are not baptized or who are baptized but do wish not to partake in the Eucharistic Elements, cross your arms over your chest, and you will receive a blessing from the priest. If you are interested in the sacrament of baptism, please see Fr. Richard after worship...he'd love to have a conversation with you!

The Hymn at Communion *(sung by all)*

Hymn 490

The Prayer for Mission *(said by all in unison)*

BCP 365

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with your spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Blessing¹⁰

BCP 366

The Processional Hymn

Hymn 525

¹⁰ Many people make the sign of the cross (✠) during the Blessing.

The Dismissal¹¹

Celebrant Go in peace to love and serve the Lord

People **Thanks be to God.** (*Alleluias are only added during the great 50 days of Easter*)

The Postlude: Dr. David Ott, Organ

Special thanks go out to the ministers of our worship services today:

The Altar Server Guild of St. Tarcisius:

- Lay Eucharistic Minister: Peter Evans & John Tait
- Crucifers: Whip Jones
- Torch Bearers: Cannella Kellenberger and Carson Dossett
- Gospel Bearer:

The Lector Guild of St. Bede

- Lector: Dale Dalbey
- Prayers of the People Intercessor: Lauren Justiss

The Hospitality Guild of St. Benedict

- Usher:
- Greeter: CoCo Holman
- Coffee Host: Meredith Spector and Ruth Herndon

The Altar Guild of Ss. Martha and Mary

- Altar: Buffy Miller

The Flower Guild of St. Therese

- Flowers: Ann Wallace

¹¹ The service concludes where we began, in the midst of a world where there is great suffering and need. But, we are centered, as Christ was, in a life to be lived and shared. The Eucharist is the work of the people of God together. It is not a service confined to Sunday mornings. Rather, it is a way of life.

Clergy and Staff Contacts:

The Rt. Rev'd Russell Kendrick – Bishop

russell@diocgc.org

The Rev'd. Richard Gillespie Proctor, OA¹² – *Rector*

rector@christthekingfl.org

Stephanie Smuck – *Parish Administrator*

office@christthekingfl.org

Dr. David Ott – *Organist & Choirmaster* david@davidottcomposer.com

Scott Gilmore - Guitarist sgilmore10s12@gmail.com

Michelle Casady – *Bookkeeper*

Vestry (Vestry meets on the 3rd Wednesday of every month from 5:30pm until 7:00pm. All are welcome to attend.)

Dale Dalbey	Rector's (Sr.) Warden
Don King	People's (Jr) Warden
Brian Kellenberger	At-Large
Meredith Spector	Parish Life
John French	Adult Formation
Sallie Peebles	Pastoral Care
Jim Moomaw	Worship
Mark Mahaffey	Outreach & Mission
Ruth Johnson	Secretary/Tree House Liaison

Tom Potts - Treasurer

¹² "OA" stands for the Order of the Ascension, a dispersed Episcopal, Benedictine religious community that helps ground and center its members in their daily life and their roles as parish leaders and developers. Members take a promise "to seek the presence of Jesus Christ in the people, things and circumstances of life through stability, obedience and conversion of life." Fr. Richard entered the novitiate process with OA in 2019, and took his life vows in May 2023.

PARISH CALENDAR

Monday, February 5

8:00AM – A.A. Meeting (*Youth Room*)
8:30AM – Morning Prayer (*Sanctuary*)
8:30AM – Parents Bible Study (*Parlor*)
4:00PM – Evening Prayer (*Sanctuary*)

Tuesday, February 6

8:30AM – Morning Prayer (*Sanctuary*)
4:00PM – Evening Prayer (*Sanctuary*)
7:00PM – Women’s Primary Purpose AA Meeting (*Conference Room*)
7:00PM - AA Meeting (*Youth Room*)

Wednesday, February 7

8:00AM – A.A. Meeting (*Youth Room*)
8:30AM - Morning Prayer (*Sanctuary*)
10:30AM – Godly Play (*Treehouse*)
12:00PM – Noonday Prayer (*Sanctuary*)
12:15PM – Epiphany Book Study & Lunch (*Parish Hall*)
4:00PM – Evening Prayer (*Sanctuary*)
5:30PM - Youth Group (*Youth Room*)

Thursday, February 8

8:30AM – Morning Prayer (*Sanctuary*)
10:00AM – Centering Prayer (*Hughes Library*)
4:00PM – Evening Prayer (*Sanctuary*)
6:00PM – Women’s Bible Study (*Parlor*)
7:00PM - Al-Anon Meeting

Friday, February 9

8:00AM – A.A. Meeting (*Youth Room*)
8:00AM – Men’s Breakfast & Bible Study
7:00PM – Alcoholic’s Anonymous

BIRTHDAYS THIS WEEK

Kim Weaver(9); Beckham DeMeester(10)
& Virginia Woolweaver(10)

TODAY

Join us in the Parish Hall at 9:15 for our Annual Parish Meeting

All CTK parishioners are encouraged to attend this important gathering. Fr. Richard, members of the Vestry, and other ministry leaders will be sharing what’s happening across all aspects of CTK parish life. We will present and discuss the CTK Annual budget, upcoming events, Adult and Children Christian Formation, the various Guilds, and other areas to serve.

ANNOUNCEMENTS

The Tree House Episcopal Montessori School is preparing to host our 12th Annual “Artful Night” fundraiser. 100% of the profits from Artful Night benefit the school’s scholarship fund. There will be a live auction of unique art pieces created by students in each class in collaboration with a local artist. We would like to appeal to any CTK parishioners who might be willing to work on the art pieces with the students (usually a one day visit to the classroom); sponsor the event; donate silent auction items; and/or attend the event! This year will be a lively disco themed event to take place at the Sandestin Beach Club on Saturday, March 2nd. Visit this link for more information and to purchase tickets: Anyone interested in collaborating on an art piece with the students, sponsoring the event or donating silent auction items, please contact: info@thetreehousectk.org Thank you so much for your support of our school!

<https://www.eventbrite.com/e/artful-night-disco-disco-fever-tickets>

New for 2024, Christ the King's food collection theme for Caring and Sharing of South Walton will be "Breakfast Champions", focusing our efforts on collecting all types of non-perishable breakfast food items throughout the year (cereal, oatmeal, Pop Tarts, pancake mixes, syrup, muffin mixes, jellies, peanut butter, etc.).

There are 2 collection bins at the church: 1 in the Narthex and 1 in Sandefur Hall. As we fill the bins with breakfast treats, we will deliver those items to Caring & Sharing of South Walton. Thank you so much!

Medicine Bottle Reminder Please bring empty medicine bottles, vitamin bottles & rinsed out spice bottles to CtK. All bottles are cleaned before being brought to Point Washington Medical Clinic. Thank you.

PARISH PRAYER LIST

Parishioners: Nan Jacobs; Renee McCalmont; Jo Bell; Catherine Dickson; Tommy Fairweather; Emily Vick; Rick Sroufe; Lynn Crevar; Jacquie Childs; Marlise Reis; Ann Schultz; Dawn Whitty; Buffy Miller & Lark Harbeson; Dooley Culbertson

Friends & Family: Alice Chalmers; Carmelo Rosa; Massi Rosa; Michelle Llodrat; Nancy Avery; Carmel; Kay; Martin Miller; Bonnie Wilson; Anne Sparks; John L. Jernigan III; The Kovach Family; Carol Bomar; Gloria Guthals; Robert Barnett; Judy Fairweather; Rita Shilling; Tammy Follis; Teeny Carson; Cooper Akin; Henry Pegram; Cristina Fernandez; Brandon Yates; Rosella Sacco; Tricia Spencer; Alex Porterfield; Evie Butler & Judy Owen

Parishioners Serving in the Military and their families: Austin Tucker; Wilson Hunter; Cinnamon Kellenberger; Anthony Portz; Eric Alexander (Don and Jacquie Childs' son) & John McKenzie (Sonya McKenzie's son)

CHILDREN & YOUTH

Children's News:

We have a lot to offer on Sunday mornings here at Ctk!

Sunday School for ALL ages from 9:15-10:15am

Nursery for ages 0-4 year olds is open at 9:15AM.

Children's Chapel for K-4th graders is during our 10:30am service.

Children will begin the service with their family and go to Chapel after the Children's message. Children return to the service during the Peace.

Youth News:

Youth Group meets every Wednesday Drop off begins at 5:30 p.m. with pick up at 8 p.m. Any questions, text Ms. Lauren at 334-701-7777 or email

ctkyouth@christthekingfl.org

Youth Group- Dinner, Fellowship & Bible Study (\$5 suggested donation)

February 10th - PNO - Youth Mission Trip Fundraiser **Help send our youth on our summer mission trip!!

5:30-8 pm - CTK Education Building sign up required; space is limited

\$25 per child, (VPK students - 4th grade only; not for age 3 and under)

<http://tinyurl.com/Feb-PNO-ythfund> Any question, contact Ms. Lauren

ADULT FORMATION **FEBRUARY**

**CTK Adult Christian Formation Class
Sunday Mornings in Sandefur Hall 9:15 –
10:15AM Sunday, Feb. 11, 2024 — The
Way of Love: Session 1 – Rule of Life**
What is the Way of Love? *The Way of
Love* is a way of life. More than a program or
curriculum, it is a return to the ancient
pathways and Rules of Life that followers of
Jesus have observed for centuries. They knew
the power of commitment to a core set of
practices – *Turn, Learn, Pray, Worship,
Bless, Go, Rest* – and the power of gathering
in a small group where you find love and
support for living into these commitments. If
we hope to not only worship Jesus but to
grow more like him and bear his redeeming
love in the world, we can adopt a rule of life
like the Way of Love and find a community
with which to practice it.

Join us! All are welcome. During this nine-
week study — from Sunday, Feb.
11th through Apr. 21st in Sandefur Hall at
9:15AM — we'll be using the book "*The Way
of Love: A Practical Guide to Following
Jesus*" by Scott Gunn. You can order the
book on Amazon at <http://bit.ly/3SxpZAf>.
Please contact John French at (850) 420-9803
or jcfrench3@icloud.com with any questions.

**Starting February 11th Habits of the
Household – Education Building
Conference Room 9:15-10:15AM** "Habits
of the Household" introduces simple habits
and easy-to-implement daily rhythms that
will help you find meaning beyond the
chaos of family life as you create a home
where kids and parents alike practice how
to love God and each other.

Email Rachel Meyer
Rachel.danielle.meyer@gmail.com for
more information.

**Parents Bible Study This is a Class for
Parents w/ Young Children: We meet in
the parlor on Mondays from 8:30-10:00!**
"Habits form us more than we form them.
The modern world is a machine of a
thousand invisible habits, forming us into
anxious, busy, and depressed people. We
yearn for the freedom and peace of the
gospel, but remain addicted to our
technology, shackled by our screens, and
exhausted by our routines. The
Common Rule offers four daily and four
weekly habits, designed to help us create
new routines and transform frazzled days
into lives of love for God and neighbor."
RSVP to Rachel Meyer
rachel.danielle.meyer@gmail.com

**Noonday Prayer, Lunch, and Discussion:
Wednesdays, 12:00-1:30. Lunch provided.**
Join Fr. Richard every Wednesday for
Noonday Prayer in the Church followed by
lunch and discussion in Sandefur Hall. We
will be discussing The Rev'd Fleming
Rutledge's book "Epiphany: The Season of
Glory."

This book is the 3rd book in the recently released Fullness of Time series, which focuses on the season of the Church year.

From the book cover:

“The Feast of the Epiphany and its following season are not as well observed as they should be. Many of us associate Epiphany with the visit of the Magi but don’t know much more about it. In this short volume, priest and theologian Fleming Rutledge expounds the primary biblical texts and narrative are of the season, inviting us to discover anew “the glory of God in the face of Christ.””

Men’s Council

**Every 2nd and 4th Wednesday
CTK Library 5:15PM – 6:45PM**

* All Men are Welcome * This council of men gathers on the 2nd and 4th Wednesday of each month (except as noted) to discuss topics of mutual interest, how our faith impacts our lives, personal issues confronting us, and share the passing of our lives together. A sacred and safe space is created in the form of council for each man to speak and listen from the heart as they tell their story. This kind of work helps create deep friendships, connections, and bonds that are often missing in today’s world of impersonal interactions. If you enjoy exploring and discussing spiritual, mythopoetic, ethical, and social themes from a biblical perspective then consider joining in. Please contact John French at (850) 420-9803 or jcfrench3@icloud.com with any questions.

Centering Prayer/Lectio Divina/Book Study on Thursdays 10:00am-12:00pm.

Thursdays offer several ways to increase our community spirituality. We begin in the library at 10:00 am for 20 minutes of Centering Prayer. We then pray a passage of lectio divina. At 11:00 we read and discuss Intimacy with God, by Thomas Keating. Contact Linda lindaboland@simpatico.ca

A Journey Through Genesis Winter/Spring Thursday Evening Women’s Bible Study

Join Rev. Emily Proctor (and The Good Book Club) on a journey with the book of Genesis on Thursday evenings in the Parlor at 6 p.m., beginning Jan 11.

For more information or to reserve a copy of the study guide (A Journey through Genesis, \$15) email Emily at Emily.Rose.Proctor@gmail.com or text 850-783-0237. More resources also available at <https://www.goodbookclub.org/>.

Men’s Breakfast & Bible Study: Every Friday

8:00-8:30 - Breakfast and fellowship
8:30-9:30 - Bible Study and prayer. We are currently studying The Gospel of Matthew. The Bible Study is led by Darold Smith, who is using William Barclay’s Commentary “The Gospel of Matthew.” Contact Darold Smith aristacraft@yahoo.com for more information.

